

CELEBRATE SHAVUOT



It's that time of year to celebrate with family and friends. And Kroger is wishing you the happiest of holidays. Be sure to stop in for all your favorite tastes that help make every celebration great.



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DETROIT JEWISH NEWS



» **Eyewitness:**
Film tells Tuskegee
airman's story.
See page 10.



» **Inspiring Teens:**
BBYO to honor Andy
Gutman, longtime
adviser. **See page 17.**



» **Feel Cozy:**
Try Franklin Village
Boutique.
See page 35.



» **Case Over:**
Bais Chabad Torah
Center wins lawsuit.
See page 14.



Moments Of Humanity

Artist Esther Shalev-Gerz expresses
cultural memory in an exhibit at
Detroit's Wasserman Projects.

See page 29.

Yad Ezra: A busy Passover distribution; dinner honors 2016 volunteers.

Beginning April 17, more than 1,000 Yad Ezra client families came to the warehouse in Berkley to pick up Passover groceries — everything needed for the holiday. More than 60 volunteers helped with the process to distribute more than 62,000 pounds of holiday foods. This year, families came from Flint, Ann Arbor, Ypsilanti and Windsor. Also, Passover packages were delivered to homebound clients and those living in JARC and Kadima homes.

This annual Passover distribution, coordinated by Yad Ezra staffers Darlene Rothman and David Jaffee, is funded through donations from individuals, families and businesses in Southeast Michigan and longtime partner Moies Chetim Organization of Detroit.

At Yad Ezra's annual Appreciation Dinner May 9 at Congregation Beth Ahm in West Bloomfield, the hard

work and dedication of about 150 regular Yad Ezra volunteers and board members was recognized. Nicole Lester chaired the event.

Since 2001, Yad Ezra has bestowed the Diane and (the late) Emery Klein Volunteer Recognition Award to a deserving individual/couple — this year, Rae and Manny Schane of Southfield, who have volunteered for eight years. Rae escorts clients through the warehouse to choose groceries and helps train new volunteers. Manny distributes the frozen food and picks up donated challah, rolls and pastry for clients to enjoy. They have befriended many of the pantry's volunteers with their fun personalities, commitment and willingness to go that extra mile for Yad Ezra.

For details about volunteering, call Yad Ezra at (248) 548-3663 or email info@yadezra.org. *



Jeff and Jody Fox, longtime Passover volunteers



Yad Ezra Executive Director Lea Luger with Volunteer of the Year honorees Rae and Manny Schane



Yad Ezra Passover assembly line

Finding Balance

Kadima inspires a "Healthy Body Healthy Mind" for spring.

Women across Metro Detroit joined Kadima on April 17 for its 2016 Healthy Body Healthy Mind Event at the Townsend Hotel in Birmingham. More than 150 women sought balance with Citizen Yoga founder Kacee Must through a yoga session and inspirational talk on mental health and strategies to cope with stress.

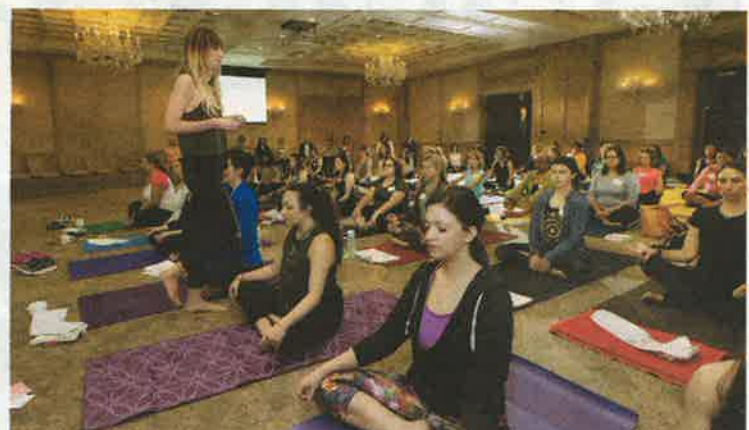
"Healthy Body Healthy Mind is a cornerstone event in Kadima's Education and Outreach Department," said Jean Nemenzik, clinical director for Kadima. "It was with great excitement we welcomed the spring with mindfulness and a chance to stretch both our minds and bodies toward a healthy new season."

Michelle Malamis, development director for Kadima, added, "We thank all of our incredible sponsors and everyone who joined us for Healthy Body Healthy Mind. Their support helps us offer additional education and outreach activities to generate awareness for mental health needs."

Learn more about Southfield-based Kadima's comprehensive mental health support services at kadimacenter.org. *



Event co-chairs Barb Schwartz and Robin Tobin Schwartz flank presenter Kacee Must.



Kacee Must, founder of Citizen Yoga, leads participants through some meditation.



The Kadima Healthy Mind Healthy Body program drew more than 150 women.



Kadima Executive Director Eric Adelman addresses the crowd as co-chairs Barb Schwartz and Robin Tobin Schwartz look on.